

Allergy information

Glazes

Cajun Glaze

Meat:

Chicken breasts and wings, pork chops, spare ribs.

Ingredients:

Sugar, Salt, WHEAT Flour (Contains: Calcium, Iron, Niacin, Thiamin), Dextrose, Cajun Seasoning (Spices (CELERY), Salt, Dried Onion, Rusk (WHEAT Flour (Contains: Calcium, Iron, Niacin, Thiamin))), Herbs, Garlic Powder, Tomato Powder, Flavour Enhancer (E621), Colours (E160c, E162)) (10%), Ground Paprika, Flavour Enhancer (E621), Onion Powder, Modified Maize Starch, Ground Black Pepper, Chilli Powder, Thickener (Guar Gum), Paprika Extract, Colour (Caramel Powder), Anti Caking Agent (Silicon Dioxide).

Salt content:

13.33% of seasoning.

Allergens:

Wheat and Celery.

May contain:

Wheat, Soya, Barley, Sulphite, Milk and Mustard.

Nutrition data:

Per 100g as sold (Based on raw ingredient specifications via Food Data Services N Pro Software)	Value	Per 100g portion as used (Approx 25 Portions per 2.5kg tub Approx 100 Portions per 10kg tub)	Value
Energy kJ	1329	Energy kJ	1329
Energy Kcals	317	Energy Kcals	317
Fat (g)	2.0	Fat (g)	2.0
Of which saturates (g)	0.2	Of which saturates (g)	0.2
Carbohydrate (g)	69.4	Carbohydrate (g)	69.4
Of which sugar (g)	53	Of which sugar (g)	53
Protein (g)	4.9	Protein (g)	4.9
Salt (g)	13.33	Salt (g)	13.33

Chinese glaze

Meat:

Chicken breasts and drumsticks, pork chops, spare ribs, mini ribs.

Ingredients:

Sugar, WHEAT Flour (Contains: Calcium, Iron, Niacin, Thiamin), Dextrose, Salt, Flavour (Hydrolyzed Vegetable Protein (SOYA, Maize, Colour (E150d), Salt, Maltodextrin, Flavour Enhancer (E621)), Tomato Powder, Colour ((E162), Beetroot Juice, Maltodextrin, Citric Acid), Ground Five Spice, Onion Powder, Modified Maize Starch, Flavour Enhancer (E621), Thickener (Guar Gum), Ground Star Anise, Garlic Powder, Rapeseed Oil, Colour (Caramel Powder), Paprika Extract, Colour (Carmine).

Salt contents:

10.32% of seasoning.

Allergens:

Wheat and Soya.

May contain:

Wheat, Soya, Barley, Sulphite, Milk and Mustard.

Nutrition data:

Per 100g as sold (Based on raw ingredient specifications via Food Data Services N Pro Software)	Value	Per 100g portion as used (Approx 25 Portions per 2.5kg tub Approx 100 Portions per 10kg tub)	Value
Energy kJ	1397	Energy kJ	1397
Energy Kcals	338	Energy Kcals	338
Fat (g)	1.2	Fat (g)	1.2
Of which saturates (g)	0.1	Of which saturates (g)	0.1
Carbohydrate (g)	79	Carbohydrate (g)	79
Of which sugar (g)	63	Of which sugar (g)	63
Protein (g)	4.0	Protein (g)	4.0
Salt (g)	10.32	Salt (g)	10.32

Lamb and mint burger

Ingredients:

Rusk (made from: Wheatflour, Sakt, Raising Agent (E503)), Sugar, Salt, Mint, Acidity Regulator (E262), Stabiliser (E451 (3.330%)), Tomato Powder, Dextrose, Paprika, Preservative (E223 (0.90%)), Wheatflour, Malic Acid, Antioxidant (E300), Spearmint Extract.

Salt content:

10.27% of seasoning.

Allergens:

Wheat, Sulphur Dioxide, Celery.

May contain:

Soya and Barley.

Nutrition data:

Per 100g as sold (Based on raw ingredient specifications via Food Data Services N Pro Software)	Value
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Kjouls: 1436

Kcal: 339

Available Carbohydrates: 69.6g

Of which Sugars: 25.3g

Total Fat: 2.3g

Of which Saturates 0.4g

Kjouls: 1436

Kcal: 339

Beef Burgers

Ingredients:

Breadcrumb (made with wheatflour containing calcium carbonate, iron, thiamine & nicotinamide), salt, dried onion pieces, yeast extract, preservative (E221) (sulphur dioxide), ground white pepper, antioxidant (E300), dried leek pieces, sodium triphosphate (E451), flavouring (pepper extracts).

Allergens:

Wheat Gluten and Sulphur Dioxide.

Salt content:

13.3% (14.4% salt equivalent).

Nutrition data (per 100g):

Energy	349	kcal
	1479	kJ
Protein	10.7	g
Carbohydrate	67.5	g
Fat	3.3	g
Fibre	3.8	g
Sodium	5.77	g

Gluten Free Chicken Sausages

Ingredients:

Salt, dextrose, onion powder, rubbed herbs, dried tomato flakes, yeast extract, sodium triphosphate (E451), preservative (E223) (**sulphur dioxide**), fennel seeds, garlic powder.

Slat content:

40.5% (45.1% salt equivalent)

Nutrition data:

Typical analysis per 100g:

Energy:	194	kcal
	819	kJ
Protein:	6.5	g
Carbohydrate:	35.4	g

Fat:	1.5	g
Fibre:	6.7	g
Sodium:	18.0	g

Phoenix Gold Pork Sausage

Ingredients:

Salt, Rusk (made from: Wheatflour, Salt, Raising Agent (E503)), Dextrose, Stabiliser (E451 (5.750%)), Preservative (E221 (4.330%)), Flavour Enhancer (E621 (3.850%)), Antioxidant (E300), Spice Extracts, Citric Acid, Colour (E120 (0.10%)), Sage Extract.

Allergens:

Wheat and Sulphur Dioxide.

May contain:

Soya and Barley.

Pork and Leek

Ingredients:

Dehydrated leek pieces, Salt, Onion Powder, Sodium Triphosphate (E451), Dextrose, Preservative (E223) (Sulphur Dioxide), Flavouring (extracts of spices, herbs, garlic and onion), Garlic Powder, Antioxidant (E300).

Salt content:

57.7% (62.8% salt equivalent)

Nutrition data:

Typical analysis per 100g:

Energy:	216	kcal
	910	kJ
Protein:	8.9	g
Carbohydrate:	34.8	g
Fat:	2.9	g
Fibre:	7.6	g
Sodium:	15.1	g

Garlic Butter Glaze

Meat:

Chicken breasts.

Ingredients:

Sugar, WHEAT Flour (Contains: Calcium, Iron, Niacin, Thiamin), Garlic Powder (12.5%), Salt, Flavour Enhancer (E621), Dried Rubbed Parsley, Modified Maize Starch, Ground Turmeric, Thickener (Guar Gum), Rapeseed Oil, Paprika Extract, Colour (Caramel Powder), Flavouring (Butter) (0.15%).

Salt content:

11.76% of Seasoning.

Allergens:

Wheat.

May contain:

Wheat, Soya, Barley, Sulphite, Milk, Mustard.

Nutrition data:

Per 100g as sold (Based on raw ingredient specifications via Food Data Services N Pro Software)	Value
Energy kJ	1374
Energy Kcals	319
Fat (g)	1.6
Of which saturates (g)	0.2
Carbohydrate (g)	73
Of which sugar (g)	45
Protein (g)	6.9
Salt (g)	11.76

Italian Glaze**Meat:**

Chicken breasts.

Ingredients:

Sugar, Maltodextrin, WHEAT Flour (Contains: Calcium, Iron, Niacin, Thiamin), Tomato Powder, Salt, Modified Maize Starch, Flavour (Hydrolyzed Vegetable Protein (SOYA, Maize, Colour (E150d), Salt, Maltodextrin, Flavour Enhancer (E621)), Flavour Enhancer (E621), Garlic Powder, Acidity Regulator (Sodium Diacetate), Dried Rubbed Basil, Ground Oregano, Citric Acid, Paprika Extract, Colour (Caramel Powder), Ground Black Pepper, Thickener (Guar Gum), Flavourings, Anti Caking Agent (Silicon Dioxide), Colour (Carmine).

Salt content:

8.18% of Seasoning.

Allergens:

Wheat and Soya.

May contain:

Wheat, Soya, Barley, Sulphite, Milk and Mustard.

Nutrition data:

Per 100g as sold (Based on raw ingredient specifications via Food Data Services N Pro Software)	Value	Per 100g portion as consumed (125 Portions per 2.5kg tub)	Value
Energy kJ	1415	Energy kJ	1415
Energy Kcals	342	Energy Kcals	342
Fat (g)	1.4	Fat (g)	1.4
Of which saturates (g)	0.1	Of which saturates (g)	0.1
Carbohydrate (g)	78.5	Carbohydrate (g)	78.5
Of which sugar (g)	53.3	Of which sugar (g)	53.3
Protein (g)	4.1	Protein (g)	4.1
Salt (g)	8.18	Salt (g)	8.18

Jamaican Jerk Glaze**Meat:**

Chicken breasts.

Ingredients:

Sugar, Salt, WHEAT Flour (Contains: Calcium, Iron, Niacin, Thiamin), Dextrose, Flavour (Hydrolyzed Vegetable Protein (SOYA, Maize, Colour (150d), Salt, Maltodextrin, Flavour Enhancer (E621)), Onion Powder, Ground Paprika, Black Pepper, Ground Cinnamon, Ground Sage, Ground Coriander, Flavour Enhancer (E621), Garlic Powder, Ground Allspice, Chilli Powder, Modified Maize Starch, Colour (Caramel Powder), Thickener (Guar Gum), Rapeseed Oil, Paprika Extract.

Salt content:

17.6% of Seasoning.

Allergens:

Wheat and Soya.

May contain:

Wheat, Soya, Barley, Milk and Mustard.

Nutrition data:

Per 100g as sold (Based on raw ingredient specifications via Food Data Services N Pro Software)	Value	Per 100g portion as consumed (125 Portions per 2.5kg tub)	Value
Energy kJ	1247.6	Energy kJ	1247.6
Energy Kcals	292	Energy Kcals	292
Fat (g)	2.9	Fat (g)	2.9
Of which saturates (g)	0.4	Of which saturates (g)	0.4
Carbohydrate (g)	66	Carbohydrate (g)	66
Of which sugar (g)	43.6	Of which sugar (g)	43.6
Protein (g)	5.0	Protein (g)	5.0
Salt (g)	17.6	Salt (g)	17.6

Piri Piri Glaze

Meat:

Chicken breasts.

Ingredients:

Sugar, Dextrose, Salt, WHEAT Flour (Contains: Calcium, Iron, Niacin, Thiamin), Tomato Powder, Chilli Powder, Garlic Powder, Ground Paprika, Acidity Regulator (Sodium Diacetate), Ground Cumin, Ground Oregano, Modified Maize Starch, Onion Powder, Dried Minced Red Peppers, Ground Coriander, Citric Acid, Ground Black Pepper, Paprika Extract, Dried Rubbed Parsley, Chilli Flake, Thickener (Guar Gum), Chilli Flavour, Anti Caking Agent (Silicon Dioxide).

Salt content:

11.8% of Seasoning.

Allergens:

Wheat.

May contain:

Wheat, Soya, Barley, Sulphite, Milk and Mustard.

Nutrition data:

Per 100g as sold (Based on raw ingredient specifications via Food Data Services N Pro Software)	Value	Per 100g portion as consumed (125 Portions per 2.5kg tub)	Value
Energy kJ	1370	Energy kJ	1370

Energy Kcals	327	Energy Kcals	327
Fat (g)	2.9	Fat (g)	2.9
Of which saturates (g)	0.2	Of which saturates (g)	0.2
Carbohydrate (g)	71	Carbohydrate (g)	71
Of which sugar (g)	54	Of which sugar (g)	54
Protein (g)	3.9	Protein (g)	3.9
Salt (g)	11.8	Salt (g)	11.8

Barbecue Glaze

Meat:

Chicken breasts, drumsticks and wings, pork chops, spare ribs, mini ribs.

Ingredients:

Sugar, Salt, Maize Starch, Dextrose, Tomato Powder, Flavour (Hydrolyzed Vegetable Protein (SOYA, Maize, Colour (E150d), Salt, Maltodextrin, Flavour Enhancer (E621)), Acidity Regulator (Sodium Diacetate), Modified Maize Starch, Ground Paprika, Onion Powder, Ground Black Pepper, Smoke Flavour, Flavour Enhancer(E621), Colour (Caramel Powder), Citric Acid, Thickener (Guar Gum), Garlic Powder, Paprika Extract, Ground Allspice, Anti Caking Agent (Silicon Dioxide), Ground Cinnamon, Smoke Oil (Sunflower Oil, Hickory Smoke Extract).

Salt content:

11.11% of Seasoning.

Allergens:

Wheat and Soya.

May contain:

Wheat, Soya, Barley, Sulphite, Milk and Mustard.

Nutrition data:

Per 100g as sold (Based on raw ingredient specifications via Food Data Services N Pro Software)	Value	Per 100g portion as consumed (125 Portions per 2.5kg tub)	Value
Energy kJ	1412	Energy kJ	1412
Energy Kcals	338.3	Energy Kcals	338.3
Fat (g)	0.9	Fat (g)	0.9
Of which saturates (g)	0.1	Of which saturates (g)	0.1

Carbohydrate (g)	78.1	Carbohydrate (g)	78.1
Of which sugar (g)	65	Of which sugar (g)	65
Protein (g)	2.2	Protein (g)	2.2
Salt (g)	11.11	Salt (g)	11.11

Sticky Maple Glaze

Meat:

Chicken breasts, pork chops, spare ribs.

Ingredients:

Sugar, Dextrose, Salt, Maize Starch, Acidity Regulator (Sodium Diacetate), Modified Maize Starch, Flavour (Hydrolyzed Vegetable Protein (SOYA, Maize, Colour (150d), Salt, Maltodextrin, Flavour Enhancer (621)), Tomato Powder, Ground Coriander, Onion Powder, Flavour Enhancer (621), Anti Caking Agent (Silicon Dioxide), Maple Flavour(0.08%), Smoke Flavour, Black Pepper, Thickener (Guar Gum), Ground Turmeric, Citric Acid, Garlic Powder, Paprika Extract, (Colour) Caramel Powder.

Salt content:

11.47% of Seasoning.

Allergens:

Soya.

May contain:

Wheat, Soya, Barley, Sulphite, Milk and Mustard.

Nutrition data:

Per 100g as sold	Value	Per 100g portion (pack) as sold	Value
Energy kJ	1404.4	Energy kJ	1404.4
Energy Kcals	334.8	Energy Kcals	334.8
Fat (g)	0.8	Fat (g)	0.8
Of which saturates (g)	0.1	Of which saturates (g)	0.1
Carbohydrate (g)	78	Carbohydrate (g)	78
Of which sugar (g)	63.6	Of which sugar (g)	63.6
Protein (g)	1.8	Protein (g)	1.8
Salt (g)	11.47	Salt (g)	11.47

Sweet Chilli & Lime Glaze

Meat:

Chicken breasts.

Ingredients:

Sugar, Salt, WHEAT Flour (Contains: Calcium, Iron, Niacin, Thiamin), Tomato Powder, Garam Masala (Ground Coriander, Ground Cassia, Ground Cinnamon, Ground Ginger), Dried Minced Red Pepper, Garlic Powder, Flavour (Hydrolyzed Vegetable Protein (SOYA, Maize, Colour (E150d), Salt, Maltodextrin, Flavour Enhancer (E621)), Chilli Powder (2%), Modified Maize Starch, Flavour Enhancer (E621), Acidity Regulator (Sodium Diacetate), Ground Paprika, Citric Acid, Thickener (Guar Gum), Paprika Extract, Anti Caking Agent (Silicon Dioxide), Lime Oil (0.04%), Colour (Carmine), Chilli Flavour (0.01%).

Salt content:

16.88% of Seasoning.

Allergens:

Wheat and Soya.

May contain:

Wheat, Soya, Barley, Sulphite, Milk and Mustard.

Nutrition data:

Per 100g as sold (Based on raw ingredient specifications via Food Data Services N Pro Software)	Value	Per 100g portion as consumed (125 Portions per 2.5kg tub)	Value
Energy kJ	1294	Energy KJ	1294
Energy Kcals	309	Energy Kcals	309
Fat (g)	2.0	Fat (g)	2.0
Of which saturates (g)	0.4	Of which saturates (g)	0.4
Carbohydrate (g)	70	Carbohydrate (g)	70
Of which sugar (g)	54	Of which sugar (g)	54
Protein (g)	4.0	Protein (g)	4.0
Salt (g)	16.88	Salt (g)	16.88